

# Gareth Mason / CV

## PROFILE

I successfully completed an MA in counselling and psychotherapy in 2016 with my dissertation Voyages into the Unknown, which discussed issues faced by returning exiles. I graduated with an Advanced Diploma in Integrative Psychotherapy in 2014 (UKCP). Currently, I work for the NHS and in private practice. I have worked as a journalist for over 25 years and lived around seven years overseas. I speak good conversational French and Spanish and have lived in various places in Western Europe, North America, Latin America, and the Far East, and travelled extensively in Africa and Scandinavia.

## STUDY

<b>2016</b>	Masters in Counselling & Psychotherapy, Regents University, London
<b>2013-2014</b>	Advanced Post-Graduate Diploma in Psychotherapy, Regents University
<b>2011-2012</b>	Post-Graduate Diploma in Psychotherapy and Counselling, Regents University 2010 Certificate in Person-centred Counselling, Mary Ward Centre, London
<b>2003</b>	CELTA Teaching English as a Foreign Language, International House, London
<b>1999</b>	Post-Graduate Diploma in Broadcast Journalism, City University
<b>1995-1996</b>	Sub-editing course with the National Council for Training Journalists (NCTJ)
<b>1994</b>	Foundation course in Social Sciences, Open University
<b>1986-1988</b>	HND Business & Finance, West Midlands University, Birmingham
<b>1978-1985</b>	O Levels: 8; A Levels: 3, Sevenoaks School, Kent

## WORK

<b>2014-present</b>	<b>Psychotherapist:</b> NHS and private practice, London; <b>Freelance journalist</b>
<b>2013</b>	<b>Freelance administrator</b> (B3jobs); <b>Actor/Extra</b> (various); <b>copywriter</b>
<b>2011-2012</b>	<b>Freelance Journalist:</b> Sub-editor/Writer South London Press and Future Publishing; <b>Report Editor; Voiceover Artist</b>
<b>2010</b>	<b>Layout Sub-editor/Writer:</b> Hackney Today; <b>creative language Trainer:</b> (Branding Science); <b>Sub-editor:</b> (Future Publishing)
<b>2008-2009</b>	<b>Training journalists:</b> (The Daily Express); <b>Sub-editor/News Writer:</b> (TechRadar.com); <b>Broadcaster</b> (RTE); <b>Sub-editor:</b> (Future Publishing)

**2002-2007**     **Freelance Journalist:** Editor/Writer/Broadcaster/Sub-editor  
**Acting Editor:** What Cellphone, Home Cinema Choice, Digital Video, What Camcorder.  
**Writer:** The Sunday Times, The Guardian, The Observer, The Daily Express, Reveal, Spirit & Destiny, Fashionline, Women's Health, African Travel, Quito Sun, The Mail on Sunday, Boys Toys. Broadcaster: RTE and BBC

**2001**            **Freelance News Producer:** Radio Telefis Eireann (RTE), Westminster

**2000**            **Freelance Producer/Assistant Producer:** ITN radio (LBC); Freelance Reviewer

**1998-1999**     **Editor:** What Video & TV; **Editor:** What Digital WV Publications, London

**1995-1998**     **Deputy Editor:** What Video & TV, London

**1993-1995**     **Deputy Editor:** EM&M magazine, Tonbridge, Kent

**1993**            **Feature Writer:** News in Focus, Tonbridge, Kent; Temporary worker (Kent)

**1992**            **Boatman:** Calder Valley Cruising, Hebden Bridge, Yorkshire

**1991**            **Accommodation Officer:** Accueil des Jeunes en France, Paris

**1990**            **Warehouse Manager:** Circle Jazz Records, New Orleans

**1989**            **Classified advertising manager:** Landscape Design, London

**1988**            **Publishing Assistant:** Equestrian Gazette, Sundridge, Kent

*References available on request*